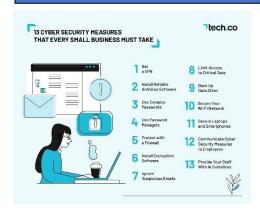


## June 2024 E-Newsletter from Network 11

### **Cybersecurity Awareness**



Cybersecurity has been a big topic of discussion recently as healthcare facilities all over the US have become victims in the past few months. Cybersecurity & Infrastructure Security Agency (CISA), in partnership with the Federal Bureau of Investigation (FBI), the Department of Health and Human Services (HHS), and the Multi-State Information Sharing and Analysis Center (MS-ISAC) released joint Cybersecurity Advisory (CSA) #StopRansomware: Black Basta to provide cybersecurity defenders tactics, techniques, and procedures (TTPs) and indicators of compromise (IOCs) used by known Black Basta ransomware affiliates and identified through FBI investigations and third-party reporting.

More information can be found at:

https://www.cisa.gov/news-events/cybersecurity-advisories/aa24-131a

https://www.cisa.gov/news-events/alerts/2024/05/10/cisa-and-partners-release-advisory-black-basta-ransomware

## **Mental Health Support from Medicare**

May was "Mental Health Awareness", but we all need to be ever mindful of this topic. Taking care of your mental health is just as important as taking care of your physical health. Medicare covers many mental health services to support you, including depression screening, individual and group therapy, and family counseling. You may be able to get many of these services via telehealth. If you're feeling isolated, it can take a toll on mental health. Get tips on caring for your mental health, and information on when to seek professional support.



# 2<sup>nd</sup> Annual HHS Black Men's Health & Mental Health Summit



On Thursday, June 13, 2024, the **HHS Center for Faith-based** and **Neighborhood Partnerships (Partnership Center)** will host the 2<sup>nd</sup> Annual HHS Black Men's Mental Health Summit at the Hubert H. Humphrey Building in Washington, DC.

The Summit is intended for mental health advocates, health professionals, community leaders, and faith leaders. The audience will have the opportunity to hear from prominent leaders in the field, learn about best models and practices, and discover ways to support the mental health of Black men.

**RSVP** today

### Introducing Minnesota Dept of Health (MDH) Project Firstline (PFL)

#### What is Project Firstline?

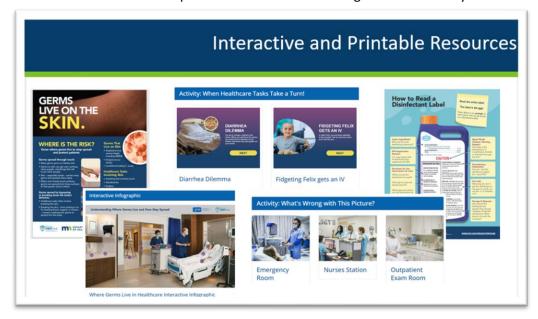
It is a partnership between the Centers for Disease Control (CDC) and MDH. Project Firstline (PFL) is a collaborative of diverse health care and public health partners that aim to provide engaging and effective infection prevention and control training to frontline health care workers, staff, and members of the public health workforce. Its innovative content is designed so that regardless of role, previous training, or educational background, staff can understand and confidently apply infection control principles necessary to protect their patients, coworkers, themselves, and their community from infectious disease threats in health care.

#### **Trainings**

Live and recorded trainings are 30 minutes or less and are designed to benefit those that interact with patients, residents, and clients and/or their health care environment. Over 30 recorded training sessions are available on the MDH PFL website providing 24-hour access. Selected trainings are available in both English and Spanish, and a proof of attendance is available for both live and recorded sessions. PFL training topics include recognizing risk, body and health care environment reservoirs, how germs spread, COVID-19, basic infection prevention and control principles, science of viruses, multi-dose vials and more!

#### **Beyond Trainings**

Check out our website <u>Project Firstline</u> (health.mn.gov/projectfirstline) for an array of resources to remind you and your staff to think about infection prevention and control throughout the workday!



**Stay up-to-date with Project Firstline** by subscribing to our electronic mailing list: <u>Subscribe to the Project Firstline</u> <u>mailing list.</u>

Website: Project Firstline (health.mn.gov/projectfirstline)

Subscribe for PFL updates: Minnesota Department of Health (govdelivery.com)

Email: Project.Firstline.MDH@state.mn.us

Social Media: Facebook | Twitter | LinkedIn | Instagram | YouTube